



Bolt's Habit Playbook

Think Win-Win

Habit 4 - Think Win-Win is the belief that everyone can win. It's not me or you—it is both of us. It is a belief that there are enough good things for everyone; it is an abundant way of thinking. Think Win-Win is being happy for others when good things happen to them. As a parent, not everything is negotiable, but if you go into discussions with your child with a win-win mindset, you'll find a lot less resistance.



Strong people
don't put others
down...
They lift them up.
— Michael P. Watson

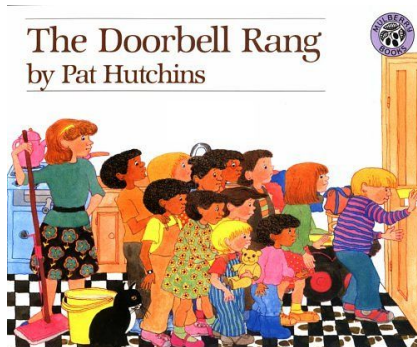
The victory doesn't
go to the one
who wins the battle.
It goes to the one
who brings peace.
— Victor Motta

Habit #4
THINK WIN WIN
Everybody can win!

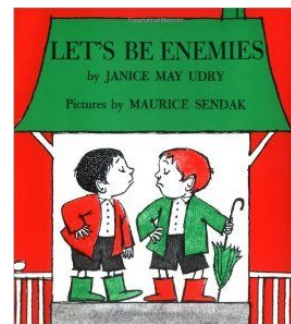
- I can problem solve when an issue comes up with another person.
- I think about what other people want and not just what I want.
- I am kind to others and try to think of ways to help everyone to be happy.

Click to view the videos:
<https://www.youtube.com/watch?v=XGtk9q6hHyo>
https://www.youtube.com/watch?v=fUXdrl9ch_Q

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Reflection Questions:
-How did Sam and Victoria create a win-win situation?
-How did Sam, Victoria, and their friends feel about the solution?
-How did you find a win-win solution this week?
-How can you help another person find a win-win solution?



Reflection Questions:
-Look at boys' faces when they are **not** thinking win-win, what emotion are they showing?
-Look at boys' faces when they **are** thinking win-win, what emotion are they showing?
-How can you think win-win when playing with your friends?